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-Essay-

### **My opinion on the UN Sustainable Development Goal №14: Conserve and sustainably use the oceans, seas and marine resources**

There have been several landmarks in my life, which influenced my perception of the world and its resources. When I tell people that my first job ever was to clean streets in my home city, people usually start laughing at me. But in my opinion, our school teachers were really wise, because they taught me and my classmates to care about environment in the young age. They taught us about sustainability using very simple words – it is most of all important to think what we will give to our children and try to save our planet for the future generations. They also emphasized the careful using of water and told us amazing stories about Baikal lake - the deepest lake in the world situated in Russia.

5 years ago I participated in the Moscow International UN Model in the MGIMO University. I was chosen as a delegate for the Economic and Social Council, where we discussed unemployment and SDGs a lot with people from all over the world. Then it turned out, that in Russian language the word “sustainability” means being balanced, while in English it has a much more complicated meaning. During these sessions we discussed the influence of the World Ocean on our lives a lot. It gives not only life resources to many people and provides them with work, but it also provides us with the unique renewable energy resources: the wind energy, waves and ebbs and flows could save the world if we just try to conserve the World Ocean.

After the UN Model I joined the AIESEC organization, which is also focused on the SDG and broadens the knowledge about them in the world. Going to Indonesia which has the largest fish diversity and the world and supplies about 10% of the world’s sea

commodities and has to be protected from harming the ocean, also influenced my perception of sustainability. Since then I'm actively involved in the topic.

It all lead me to the recent participation in the pedagogical workshop in Sweden. It was the event inspired and organized by a professor in the Jonkoping University. During the sessions teachers and students from Baltic countries explored the sustainability approach in different countries. Together we are going to teach our classmates about sustainability and the importance of implementing it. Scandinavian countries are remarkably sustainable and the joint experience and work with them has really taught me a lot. The teamwork like this really helps you understand the importance and the role of every person in saving the world. If we begin taking small steps, the next generations will be safe.

The next year is 2020. Till this time the most targets of the SDG №14 have to be reached, otherwise we are at risk of losing our planet and our heritage. I believe that the participation in the forum will increase my experience and awareness and help to teach my classmates more about the sustainable development. The most important thing is to begin.