

## Motivation Letter

Volunteering these days is a very popular trend among young people. Volunteers first appeared long ago and in Russia it is caused, more likely, by our religion that is aimed at lending support to people in difficult situations in any life period. In the world history, the term “volunteers” was firstly used to name a group of soldiers that joined the army not because they were called up for military service, but it was their free will to protect their country and motherland.

As far as I am concerned, volunteering is a multifaceted phenomenon that is useful for the society since people do their best to help other people for free. Isn't it the most remarkable aspect of humanity? There are a lot of people who are not wealthy enough to afford, for example, vital medical as well as regular care. Fortunately, there are many volunteering societies that can support such people when they are desperate and encounter difficulties.

The idea “People are the only real thing that will change the world” articulated by Grady Lee on International Volunteer Day in 2014 can be considered as a motto for volunteers all over the world and it contributes to our understanding that human resources make the UN Sustainable Development Goals (SDGs) such as ‘no poverty’, ‘zero hunger’, ‘good health and well-being’ and others quite achievable.

Personally, I highly appreciate and share the concepts of volunteering and, as a result, I have gained some volunteering experience in many areas through setting up events and working in orphanages with abandoned children; helping the elderly; managing special charity events to provide the needy. As for me, the greatest reward for doing so is people's being happy. Once, I helped an old woman who was blind and had no relatives. The experience demonstrated the fact that aged people suffer awfully without being respected and treated properly.

To put it in a nutshell, I would like that volunteers will make our life better and volunteering will flourish since there are those who need the help and those with “the heart in the right place” and good intentions. Nowadays volunteering is growing quickly as many states and Russia among them attach importance to developing the volunteering policy and fund volunteering programs. I am eager to remain “a voluntary soldier” when realizing and supporting the National volunteering program.