

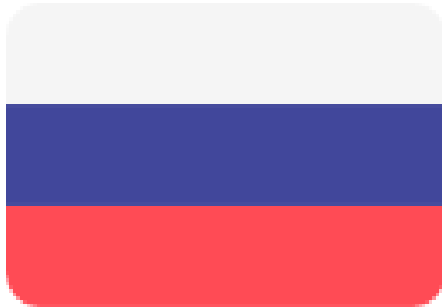


KRD
KOREA-RUSSIA DIALOGUE



IX Youth dialogue of Forum "Korea - Russia Dialogue"

SDG 3. Good health and well-being for Albanian Diabetes Case



Team 4



CONTENTS

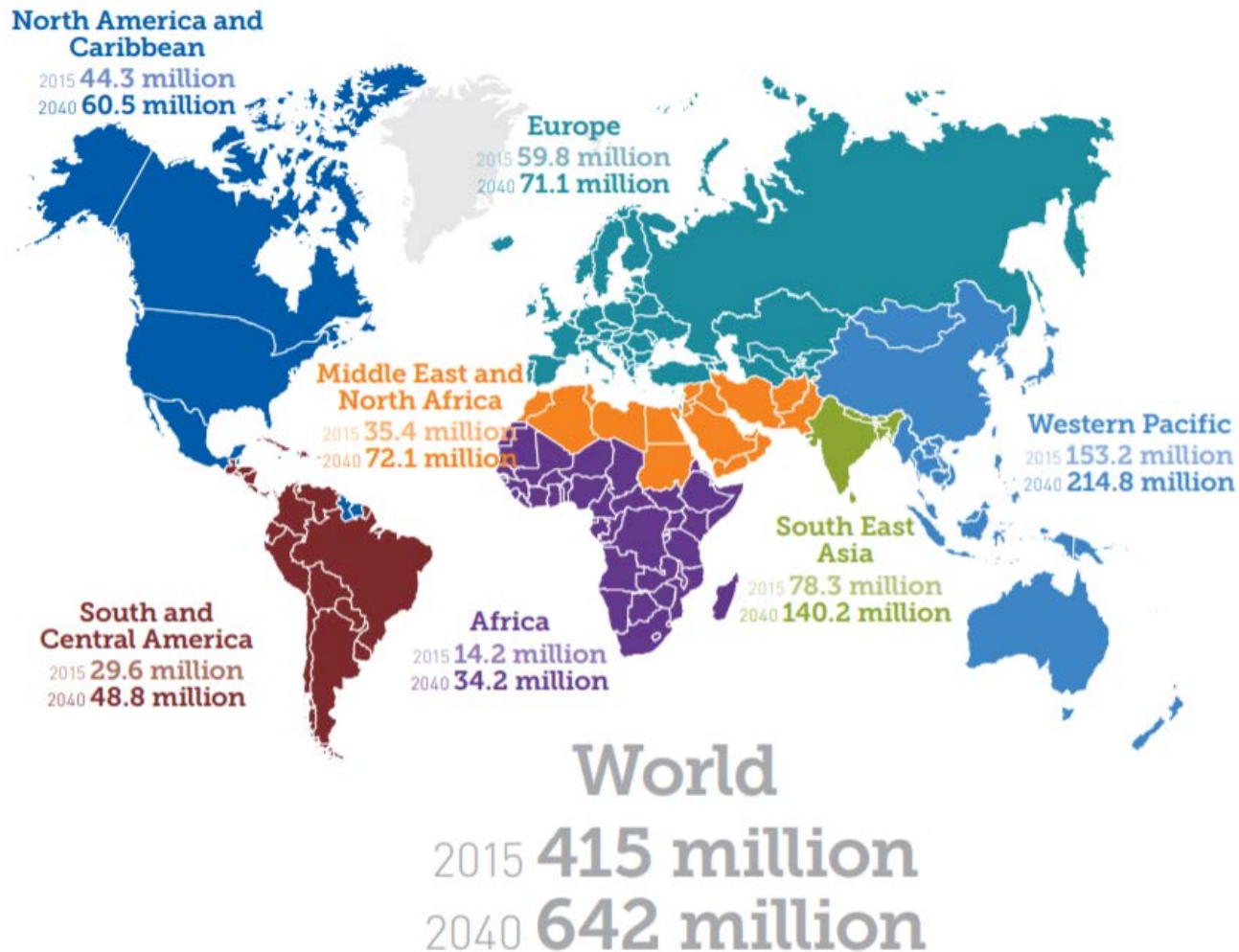
001. The Importance of Diabetes

002. General Information of Albania

003. Diabetes in Albania

004. Solutions for Diabetes

Estimated number of people with diabetes worldwide and per region in 2015 and 2040
(20-79 years)



Adults who died from diabetes, HIV/AIDS, tuberculosis, and malaria



5.0 million

from diabetes
2015
IDF



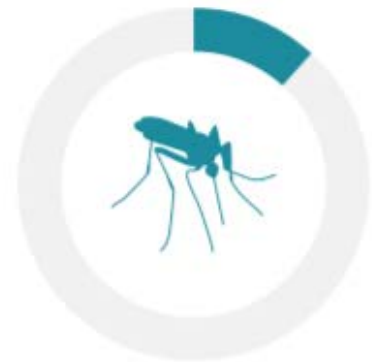
1.5 million

from HIV/AIDS
2013
WHO Global Health
Observatory Data
Repository 2013



1.5 million

from tuberculosis
2013
WHO Global Health
Observatory Data
Repository 2013



0.6 million

from malaria
2013
WHO Global Health
Observatory Data
Repository 2013

The human cost



major causes of death in most countries

Type 2 diabetes – the most prevalent form of diabetes

has increased alongside cultural and societal changes

193 million people with diabetes are undiagnosed.

II . General Information of Albania



- Unitary parliamentary
- Capita: Tirana
- Official languages: Albanian
- Total Area: 28,748 km (142nd)
- Population: 2,876,591 (137th, 2017)
- GDP Per capita: \$13,330 (121st, 2018)

III . Diabetes in Albania



Albania

Total adult population : 2,069,320

Prevalence of diabetes in adults : 12.0%

Total cases of diabetes in adults : 249,000

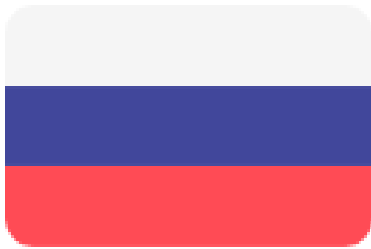


Korea

Total adult population : 39,241,000

Prevalence of diabetes in adults : 8.8%

Total cases of diabetes in adults : 3,465,400



Russia

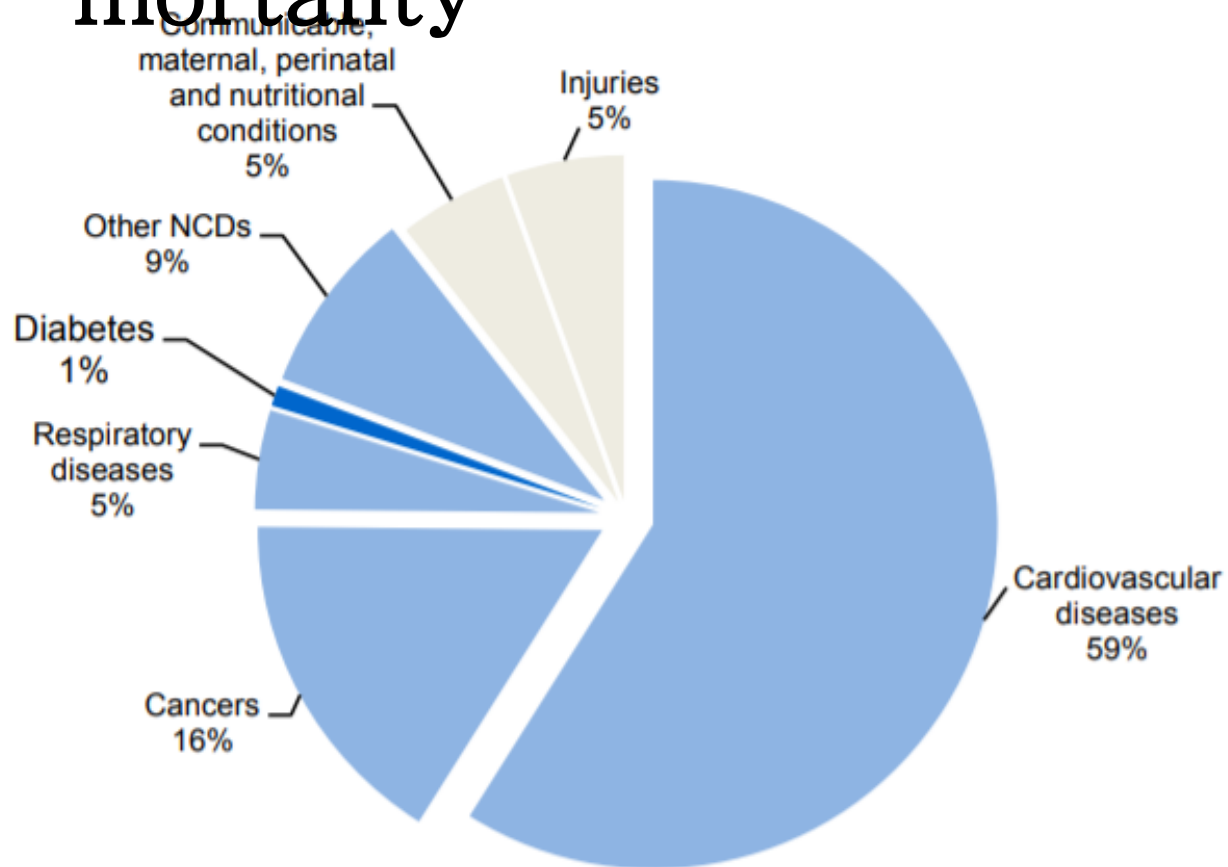
Total adult population : 106,960,000

Prevalence of diabetes in adults : 7.9%

Total cases of diabetes in adults :
8,455,300



Proportional mortality



III . General Diabetes Information of Albania

Prevalence of diabetes and related risk factors

	Males	Females	total
Diabetes	8.4%	8.1%	8.3%
Overweight	57.8%	49.2%	53.5%
Obesity	16.7%	19.4%	18.1%

National response to

diabetes

Operational policy/strategy/action plan for diabetes	X
Operational policy/strategy/action plan to reduce overweight and obesity	X
Operational policy/strategy/action plan to reduce physical inactivity	X
Evidence-based national diabetes guidelines/protocols/standards/	X
Standard criteria for referral of patients from primary care to higher level of care	X
Diabetes registry	X
Recent national risk factor survey in which blood glucose was measured	X

IV . Solutions for Diabetes

Case No. 2(Tirana, Albania)

Situation: Tirana administration asks us to prepare and carry out preventive work on behalf of diabetes



IV . Solutions for Diabetes

Public support

- Diabetes screening
- Providing strips
- Increasing medical staff



Healthy food

- Supporting local business agriculture
- Gardening program for children



Physical activity

- Providing public sports program
- Setting sports facilities



Public awareness

- Using SNS for advertising
- Diabetes challenge



IV . Solutions for Diabetes – Diabetes Challenge

Diabetes challenge

- Similar to Ice Bucket Challenge
- Through SNS, #DiabetesChallenge
- Take a Dancing Video or Donate money for Diabetes pat



THANK YOU